



Whiteshill Primary School Head Injuries Information

Because your child received a head injury at school today please look out for the following symptoms over the next few days and consult a medical professional if you have any concerns.

Concussion:

- Short term memory loss
- Confusion and irritability
- Pale, cold and clammy skin
- Mild generalised headache
- Rapid weak pulse (call 999)
- Signs of nausea or vomiting (call 999)
- Shallow breathing

Cerebral compression:

- Levels of response deteriorate
- Intense headache
- Flushed, dry skin
- Deep, noisy, slow breathing
- Slow, strong pulse
- One or both pupils dilate (call 999 immediately)
- May start to fit

Fractured skull:

- Any of the signs and symptoms of concussion and cerebral compression as listed above
- Bleeding, swelling or bruising on the head
- Soft area or depression on the head
- Bruising or swelling behind the ears
- Bleeding or clear/straw coloured fluid coming from ears or nose
- Bruising around one or both eyes
- Deformity to the head
- Bleeding in the whites of the eyes (call 999 immediately)

Even relatively minor head injuries can result in complications and this may not always be obvious immediately as the problem can be internal and not obvious externally. Please do monitor your child and call a medical professional if you are concerned.



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