



ACTIVE SCHOOLS NETWORK **STROUD**

NETWORK HANDBOOK

2022/23



LARGE SCHOOLS FOOTBALL FESTIVAL

- **7 A SIDE, MIXED GENDER, RECOMMENDED SQUAD SIZE OF 12**
- **OUTDOORS, GRASS SURFACE**
- **Y3/4 AND Y5/6 COMPETITIONS**

SMALL SCHOOLS FOOTBALL FESTIVAL

- **7 A SIDE, MIXED GENDER, RECOMMENDED SQUAD SIZE 12**
- **OUTDOORS, GRASS SURFACE**
- **Y3/4 AND Y5/6 COMPETITIONS**

SCHOOL GAMES SPORTS HALL ATHLETICS

- **SMALL SCHOOL MORNING/LARGE SCHOOL AFTERNOON**

THE TEAMS: YEAR 4, 5 & 6, SQUAD:

- **SMALL SCHOOLS (MIN 6 BOYS & 6 GIRLS MAX 8 BOYS & 8 GIRLS)**
 - **LARGE SCHOOLS (MIN 9 BOYS & 9 GIRLS MAX 15 BOYS & 15 GIRLS)**
 - **SMALL SCHOOLS- 120 KS2 PUPILS OR LESS**
 - **LARGE SCHOOLS- 121 KS2 PUPILS OR MORE**
 - **HI TEMPO MIXED ATHLETICS EVENT, ONE OF THE HIGHLIGHTS OF THE YEAR**
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KS2 TAG RUGBY FESTIVAL SMALL SCHOOLS

- **8 PLAYERS PER TEAM, SQUAD OF 12, MIXED GENDER**
- **OUTDOORS, GRASS SURFACE**
- **Y3/4 & Y5/6 COMPETITIONS**

KS2 TAG RUGBY FESTIVAL LARGE SCHOOLS

- **8 PLAYERS PER TEAM, SQUAD OF 12, MIXED GENDER**
- **OUTDOORS, GRASS SURFACE**
- **Y3/4 AND Y5/6 COMPETITIONS**

SCHOOL GAMES DEBATING

- **TEAMS OF 4 FROM Y5/6, WITH POTENTIAL TO INCLUDE FURTHER NUMBERS**
- **TEAMS DEBATE TOPIC SET BY SGO WITH FELLOW SCHOOLS, STATING THEIR CASE WITH DIFFERING ROLES IN THE TEAM**
- **WINNERS WILL BE DETERMINED BY A PANEL OF JUDGES WITH DECISION FORMED THROUGH:**
 - **QUALITY OF PROPOSAL (CONTENT AND PRESENTATION)**
 - **RESPONSE TO CHALLENGE (OPPOSING TEAM/FLOOR AUDIENCE/JUDGING PANEL)**
- **QUESTIONS PROVIDED FROM THE FLOOR**

NETBALL Y3/4 SMALL SCHOOL COMPETITION

- **SQUADS TO CONSIST OF 7, 8 OR 9 PLAYERS**
- **5 PLAYERS ON THE COURT AT ONE TIME**
- **THREE BOYS PER SQUAD MAXIMUM**
- **ONLY TWO BOYS ALLOWED ON THE COURT AT ONE TIME**

NETBALL Y3/4 LARGE SCHOOL COMPETITION

- **SQUADS TO CONSIST OF 7, 8 OR 9 PLAYERS**
- **5 PLAYERS ON THE COURT AT ONE TIME**
- **THREE BOYS PER SQUAD MAXIMUM**
- **ONLY TWO BOYS ALLOWED ON THE COURT AT ONE TIME**

NETBALL Y5/6 SMALL SCHOOL COMPETITION

- **SQUADS TO CONSIST OF 7, 8 OR 9 PLAYERS**
- **5 PLAYERS ON THE COURT AT ONE TIME**
- **THREE BOYS PER SQUAD MAXIMUM**
- **ONLY TWO BOYS ALLOWED ON THE COURT AT ONE TIME**

NETBALL Y5/6 LARGE SCHOOL COMPETITION

- **SQUADS TO CONSIST OF 7, 8 OR 9 PLAYERS**
- **5 PLAYERS ON THE COURT AT ONE TIME**
- **THREE BOYS PER SQUAD MAXIMUM**
- **ONLY TWO BOYS ALLOWED ON THE COURT AT ONE TIME**



SWIM GALA SMALL SCHOOLS

- **FURTHER INFORMATION TO FOLLOW**

SWIM GALA LARGE SCHOOLS

- **TEAM SIZES TO FOLLOW**

SCHOOL GAMES KEY STEPS GYMNASTICS Y3/4

- **CHILDREN IN Y3/4, FLOOR AND BOX ROUTINE (RESOURCES TO FOLLOW)**
- **TEAMS MADE UP OF 6 GYMNASTS (CAN BE MIX OF BOYS AND GIRLS)**
- **TEAM NEEDS TO CONSIST OF CHILDREN WHO RECEIVE NO MORE THAN 1 HOUR OF COMMUNITY GYMNASTICS CLUB COACHING PER WEEK**
- **ORGANISERS RELIANT UPON PROFESSIONAL DISCRETION TO ENSURE THIS IS ADHERED TO**





SCHOOL GAMES INTERMEDIATE GYMNASTICS

- **INDIVIDUAL COMPETITION FOR GYMNASTS INVOLVED IN CLUB GYMNASTICS**
- **FLOOR AND BOX ROUTINE**
- **YEARS 3/4/5 & 6**
- **RANGE OF MOVEMENTS AND ROUTINE RELEASED NEARER TO EVENT**

CROSS COUNTRY QUALIFIERS

- **Y3/4/5/6 ATHLETES COMPETE IN AGE AND GENDER SPECIFIC RACES**
- **Y5/6 RACES HAVE ABILITY TO QUALIFY FOR COUNTY FINALS**

SCHOOL GAMES QUICK STICKS HOCKEY

- **4 PLAYERS IN A TEAM, SQUAD OF 6, TWO BOYS AND TWO GIRLS PER TEAM ON FIELD AT ONE TIME**

SCHOOL GAMES PANATHLON CHALLENGE

- **KS1 & KS2 BOYS AND GIRLS, BETWEEN 6-10 MEMBERS IN A TEAM**
 - **MUST HAVE SPECIAL NEED OR DISABILITY**
 - **CIRCUIT OF INCLUSIVE ACTIVITIES**
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SCHOOL GAMES ORIENTEERING

- **FOR Y5/6 CHILDREN**
- **FOR THOSE NOT NORMALLY INVOLVED IN COMPETITIVE SPORT**
- **TEAMS OF 10 MAXIMUM CHILDREN PER TEAM**
- **TEAM COMPLETES ORIENTEERING COURSE USING TEAMWORK AND DISPLAYING SKILLS THEY MAY NOT HAVE EXHIBITED PREVIOUSLY**

DANCE FESTIVAL

- **OPEN FORMAT FESTIVAL FOR ALL AGES**
- **DANCES TO BE NO LONGER THAN 4 MINUTES**

KS2 DUATHLON

- **YEAR 5/6 CHILDREN**
- **CHILDREN COMPLETE A BIKE ROUTE, SWITCH TO A RUN, FINISH WITH A BIKE ROUTE IN A TIMED DEVELOPMENTAL EVENT**
- **CHILDREN PROVIDE OWN HELMET**
- **TEAMS OF 10**





DODGEBALL FESTIVAL KS1:

- **TEAMS OF 10 CHILDREN, MIXED GENDER**
- **OUTSIDE, GRASS SURFACE**
- **FURTHER RULES TO FOLLOW NEARER COMPETITION**

DODGEBALL FESTIVAL KS2:

- **TEAMS OF 10 CHILDREN, MIXED GENDER**
- **OUTSIDE, GRASS SURFACE**
- **FURTHER RULES TO FOLLOW NEARER COMPETITION**

DISTRICT SPORTS LARGE SCHOOL FIELD EVENT:

- **THROWING AND JUMPING DISCIPLINES FOR Y3,4, 5 & 6**
- **FURTHER DETAILS ON NUMBER OF PARTICIPANTS TO FOLLOW NEARER EVENT**

DISTRICT SPORTS SMALL SCHOOL FIELD EVENT:

- **THROWING AND JUMPING DISCIPLINES FOR Y3, 4, 5 & 6**
- **FURTHER DETAILS ON NUMBER OF PARTICIPANTS TO FOLLOW NEARER EVENT**

SPORTABILITY CIRCUIT FESTIVAL

- **TEAMS OF 10**
- **A CIRCUIT OF ACTIVITIES AIMED TO DEVELOP ALL SKILLS**
- **FOR CHILDREN ON THE SEND REGISTER, THOSE CHILDREN DIS-ENGAGED WITH SCHOOL, DISENGAGED WITH PE/PHYSICAL ACTIVITY/SPORT, LOW IN CONFIDENCE/SELF-ESTEEM/ABILITY**
- **TEAMS COMPLETE EACH STATION, COMPILING POINTS IN A NON-COMPETITIVE EVENT**

SPORTABILITY GAMES FESTIVAL

- **TEAMS OF 10**
- **TEAMS COMPETE AGAINST EACH OTHER IN A RANGE OF INCLUSIVE TEAM GAMES**
- **FOR CHILDREN ON THE SEND REGISTER, THOSE CHILDREN DIS-ENGAGED WITH SCHOOL, DISENGAGED WITH PE/PHYSICAL ACTIVITY/SPORT, LOW IN CONFIDENCE/SELF-ESTEEM/ABILITY**

SHONK BALL- KS1 & KS2:

- **STRIKING AND FIELDING GAME BRILLIANT FOR BUILDING CONFIDENCE AND ABILITY IN THOSE PARTICIPATING**
 - **GREAT CROSS CURRICULAR ACTIVITY WITH MATHS**
 - **GREAT GAME FOR CHILDREN OF ALL ABILITIES**
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KS2 NEW AGE KURLING AND BOCCIA

- **TEAMS OF 4**
- **TEAMS PARTICIPATE IN BOTH ACTIVITIES**
- **TEAM GAMES, COMPETING AGAINST FELLOW SCHOOLS**
- **FORMAT TO BE CONFIRMED, EVENT TO BE PLACED AND MEDALED**
- **FOR CHILDREN ON THE SEND REGISTER ONLY**

KS1 ENDBALL FESTIVAL

- **TEAMS OF 10 CHILDREN**
- **GAME SIMILAR TO BENCH BALL**
- **SCHOOLS COMPETE AGAINST EACH OTHER TO WIN GAMES**
- **PARTICIPATING EVENT TO HELP BUILD CONFIDENCE, SKILLS AND ABILITY IN A COMPETITIVE ENVIRONMENT**

KS1 MULTI-SKILLS FESTIVAL

- **TEAMS OF 10 CHILDREN**
 - **CHILDREN COMPLETE A RANGE OF STATIONS IN A CIRCUIT AIMED TO DEVELOP THEIR FUNDAMENTAL SKILLS**
 - **NON-SCORING EVENT, CHILDREN ARE INFORMED OF THEIR INDIVIDUAL SCORE, THESE ARE NOT RECORDED**
 - **FOR CHILDREN OF MIXED ABILITY**
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KS2 GIRLS FOOTBALL FESTIVAL

- **SQUADS OF 12**
- **PLAYERS COMPLETE A TECHNIQUE BUILDING CIRCUIT OF ACTIVITIES FOLLOWED BY MATCHES AGAINST FELLOW SCHOOLS**
- **OUTDOORS ON GRASS**
- **NO PRIOR EXPERIENCE REQUIRED**

KS2 FOOTBALL DEVELOPMENT FESTIVAL

- **SQUADS OF 12**
- **FOR PLAYERS DEVELOPING THEIR ABILITY, NOT FEATURING IN THE COMPETITIVE FESTIVAL**
- **OUTDOORS ON GRASS**

KS2 TAG-RUGBY DEVELOPMENT FESTIVAL

- **SQUADS OF 12**
- **FOR PLAYERS DEVELOPING THEIR ABILITY, NOT FEATURING IN THE COMPETITIVE FESTIVAL**
- **OUTDOORS ON GRASS**

KS1 FOOTBALL FESTIVAL

- **SQUADS OF 12**
 - **FOR YOUNG PLAYERS WHO EXPRESS AN INTEREST IN FOOTBALL, LIKELY TO REPRESENT THE SCHOOL IN COMING YEARS**
 - **OUTDOORS ON GRASS**
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INCLUSIVE OLYMPICS

- **FOR CHILDREN ON THE SEND REGISTER**
- **SQUAD SIZE TBC**
- **CHILDREN COMPETE FOR THEIR SCHOOL IN A RANGE OF ACTIVITIES ACROSS THE EVENT GAINING POINTS FOR THEIR SCHOOL**
- **SCHOOLS COMPETING FOR MEDALS**
- **ALL ACTIVITIES AIMED TO DISPLAY AND DEVELOP CHILDREN'S SKILLSET**

SCHOOL GAMES QUAD KIDS ATHLETICS

- **FOR CHILDREN IN Y3/4**
- **4 DISCIPLINE ATHLETICS EVENT- 50M RUN, 400M RUN, MINI-HOWLER THROW, STANDING LONG JUMP**
- **TEAMS OF EITHER 8 OR 10, EQUAL SPLIT OF BOYS AND GIRLS**

PRIMARY ROUNDERS

- **CHILDREN IN Y5/6**
 - **9 PLAYERS PER TEAM, SQUADS OF 12**
 - **NO MORE THAN 5 MALE PLAYERS ON THE FIELD AT ONE TIME**
 - **FURTHER RULES TO FOLLOW NEARER THE FESTIVAL**
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IN-SCHOOL EVENTS

FUN RUNS

- **REPLACING THE CROSS COUNTRY FORMAT. CHILDREN COMPLETE AS MANY LAPS AS THEY WISH IN AN ALLOCATED TIME AND WE CALCULATE THE DISTANCES COVERED**
- **ALL CHILDREN START AND FINISH THEIR RUNS TOGETHER**

VIRTUAL CHALLENGE- RUGBY, NETBALL, HOCKEY, INCLUSIVE, AND STRIKING AND FIELDING

- **5 CHALLENGES FOR A TEAM OF 10**
- **EACH CHALLENGE WORKS ON KEY SKILLS FOR THE VARIOUS ACTIVITIES, BUILDING SKILLS, TECHNIQUES AND CONFIDENT IN THESE SPORTS**
- **EACH ACTIVITY IS SCORED TO BUILD A TEAM SCORE**
- **THE TEAM SCORE IS ENTERED INTO THE OVERALL LEADER BOARD FOR ALL PARTICIPATING SCHOOLS**
- **TOP THREE TEAMS RECEIVE MEDALS, ALL PARTICIPANTS RECEIVE CERTIFICATES**