



I've Bumped My Head Today

Your child _____ received a bump to the head today at _____.

Our first aider has carried out appropriate treatment if necessary and your child has not required any further medical treatment. It is unlikely that they will have any further problems, but if they start to suffer from any of the following symptoms then you should seek further medical advice as soon as possible:

- Unconsciousness or lack of full consciousness (for example, problems keeping eyes open)
- Any confusion (not knowing where they are or getting things muddled up)
- Any drowsiness (sleepy) that goes on for longer than 1 hour when they would normally be awake
- Difficulty waking them up
- Any problems understanding or speaking
- Any loss of balance or problems walking
- Any weakness in one or both arms or legs
- Any problems with their eyesight
- Any painful headache that won't go away after simple painkillers
- Any repeated vomiting
- Any fits (collapsing or passing out suddenly)
- Bleeding or clear fluid coming from one or both ears
- New deafness in one or both ears

You should be aware of these possible symptoms for at least 48 hours following the bump to the head and seek medical advice if you are not sure.

